

# PLAY IT FORWARD

The National Hockey League (NHL®) is reducing its environmental impact to ensure that the sport of hockey thrives now and for future generations. Take a page from NHL's playbook: Learn how you can bring some of the League's sustainability strategies into your life.

## PUT ENERGY EFFICIENCY IN PLAY

NHL and its arena partners are making energy-saving plays to reduce their carbon emissions, including switching to more efficient lighting and installing solar panels.

**CONDUCT AN ENERGY AUDIT** at school or at home. What actions will you take to reduce your energy use?

## BLOCK WASTE

NHL arenas are working to keep waste out of the landfill, whether by recycling, composting, or donating prepared but untouched food to organizations in need.

Check out **THE RECYCLING JOURNEY** to learn how bottles, cans, and boxes become new products through recycling.

## SCORE WATER SAVINGS

NHL and the Bonneville Environmental Foundation donate Gallons for Goals—for every goal scored during the regular season, they restore 1,000 gallons of water to a river with critically low flow.

You can help protect the flow in our rivers by saving water every day. Use the **WATER FOOTPRINT™ CALCULATOR** to estimate your total water use. What actions will you take to shrink your footprint?

## FEEL THE CHILL

Some NHL arenas are adopting natural refrigerants to create ice—these deliver the chill without emissions that deplete ozone or contribute to global warming.

**LEARN ABOUT THE IMPORTANT ROLE OF THE OZONE LAYER**, how ozone forms, and how some manmade substances damage the ozone layer.

## CHEER FOR GREENER RINKS

NHL Greener Rinks Initiative™ is helping community rinks throughout North America adopt sustainability practices that save energy, save water, reduce waste, and more.

**EXPLORE THE MANY WAYS RINKS CAN IMPROVE THEIR ENVIRONMENTAL FOOTPRINTS.**

## GIVE SCIENTISTS AN ASSIST

With the help of citizen scientists across North America, professors at Wilfrid Laurier University are tracking the impact of climate change on outdoor winter activities.

Contribute to scientific research: **JOIN THE RINKWATCH TEAM** to submit observations about skating conditions at your local outdoor rink or pond.

## CARE FOR YOUR COMMUNITY

NHL and its Member Clubs are committed to the communities where they play, supporting local organizations, improving public spaces, and protecting natural resources.

Give nature a hand. **PLANT A POLLINATOR GARDEN** for the bees, beetles, birds, and butterflies living in your neighborhood.



## LEARN MORE

[www.nhl.com/green](http://www.nhl.com/green)

[www.NEEFusa.org/NHL](http://www.NEEFusa.org/NHL)